

# Disaster Recovery Therapy

STORMS PASS,  
BUT EMOTIONAL  
WOUNDS CAN  
LINGER

CATHOLIC  
CHARITIES  
CAN HELP.

## Who Should Reach Out?

- Survivors of Hurricane-related trauma
- Families who have been displaced
- Children experiencing fear, sleep disruption, or behavioral changes
- Frontline workers, volunteers, and first responders
- Anyone feeling overwhelmed, hopeless, or disconnected

## Disaster Recovery Therapy Services Include:

- Individual & Family Counseling
- Crisis Debriefing & Emotional Support
- Grief, Loss & Trauma Processing
- Virtual and In-Person Appointments
- Bilingual Services Available
- Confidential & Compassionate Care

We have counselors  
and therapists available.  
If you or someone you  
know needs help,  
contact:

888-249-9296

[ltompson@ccdov.org](mailto:ltompson@ccdov.org)

[jtamara@ccdov.org](mailto:jtamara@ccdov.org)

[CCDOV.org](http://CCDOV.org)

