



UNITED WAY
Charlotte County

UNITED AT WORK

Summit

EMPOWER U: MINDFUL WORKPLACES

Don't miss the area's only event dedicated to workplace mental health, employee retention, and equipping leaders with the tools to build an engaged, motivated, and productive workforce.



KEYNOTE
Mike Luster

Lead Clinician & Mental Health Trainer
Founder of Mental Health Resources

GUEST SPEAKERS



Robyn Faucy
CEO Results 1st



Troy C. Smith
Inspirational Speaker
and Leadership Coach



Melissa Nelson
United Way of Florida
President & CEO



Guest Panelists
Engage and Excel
Women in the Workplace

Key Discussions & Insights

- ✓ Enhancing mental well-being in the workplace leads to:
 - Decreased employee healthcare costs
 - Reduced absenteeism
 - Reduced turnover
 - Increased engagement and productivity
- ✓ Creating a caring and trusting work culture
- ✓ Women in the Workplace: Addressing challenges like financial pressure and career development
- ✓ Building productive workplaces through intention and accountability

Jan. 14, 2025



8:30 am - 3:00 pm
Charlotte Harbor Event Center
75 Taylor St.
Punta Gorda FL 33950

Registration: \$50
(includes breakfast, lunch, all sessions, networking & more)



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